



**Kinkora Regional High School**

Home of the Blazers

# Kinkora Blazers September Newsletter

*Tomorrow is always fresh,  
with no mistakes in it.*  
~ L.M. Montgomery ~

*One learns by doing a thing:  
for though you think you know it,  
you have no certainty until you try.*  
~ Sophocles ~

## DATES TO REMEMBER

- Sept. 4 - *First day of classes for students*
- Sept. 9 - *K.R.H.S. Open House @ 6 p.m.*
- Sept. 12 - *Peer Helping Training Sessions* (a.m. only)
- *Blue & Gold Day and Annual Blazer Blitz Pep Rally* (Block D)
- Sept. 21 - *P.E.I. Open Farm Day*
- Sept. 25 - *Annual Terry Fox Run* (in the p.m.)
- Sept. 29 - *Orange Shirt Day @ K.R.H.S.*
- Sept. 30 - *National Truth & Reconciliation Day.* No Classes.
- Oct. 4 - *Annual Blazer Beef Supper*
- Oct. 10 - *Professional Learning Day.* No classes.
- Oct. 13 - *Happy Thanksgiving!* No classes.
- Oct. 27 - *Canadian School Library Day*
- Nov. 6 & 7 - *Annual P.E.I.T.F. Convention.* No classes.
- Nov. 7 - *Grad photos* at Heckberts in Summerside
- Nov. 10 - *Teacher Administrative Day.* No classes.
- Nov. 11 - *Remembrance Day.* No classes.
- Nov. 20 - *Parent/Teacher Interviews* from 3:30-8 p.m.
- Nov. 21 - *Parent/Teacher Interviews* from 9 a.m.-12 noon. No classes.
- Dec. 19 - *Last day of classes for 2025*
- Dec. 22 - *Professional Learning Day.* No classes.

## WELCOME!

*Welcome to all K.R.H.S. students*, especially our new Gr. 9 students. We have 162 students plus 14 teachers, 2 educational assistants, 1 youth service worker, 3 support staff, 3 kitchen staff, and 6 bus drivers. Here are all our staff members and their contact information:

- Daniel Arsenault** ([darsenault@edu.pe.ca](mailto:darsenault@edu.pe.ca)) ~ Custodian
- Lori Allen** ([laallen@edu.pe.ca](mailto:laallen@edu.pe.ca)) ~ Youth Service Worker
- Leanne Arsenault** ([leannearsenault@edu.pe.ca](mailto:leannearsenault@edu.pe.ca)) ~ Educational Assistant
- Traci Campbell** ([tdcampbell@edu.pe.ca](mailto:tdcampbell@edu.pe.ca)) ~ Educational Assistant
- Lesley Cousins** ([ldcousins@edu.pe.ca](mailto:ldcousins@edu.pe.ca))

- ~ Peer Helping, Resource, ESAP
- Elmer Croken** ([eecroken@edu.pe.ca](mailto:eecroken@edu.pe.ca))
- ~ Custodian
- Matt Killeen** ([makilleen@edu.pe.ca](mailto:makilleen@edu.pe.ca)) ~ Vice-Principal, Math, Chemistry, and Biology
- Jill Parker** ([jparker@edu.pe.ca](mailto:jparker@edu.pe.ca)) ~ Resource, Math, Foods & Nutrition, and Career Explorations & Opportunities
- Ryan McAleer** ([rmcaleer@edu.pe.ca](mailto:rmcaleer@edu.pe.ca)) ~ Principal, Physics
- Jessica McCarthy** ([jlmccarthy@edu.pe.ca](mailto:jlmccarthy@edu.pe.ca)) ~ School Counselor
- Amanda Moffatt** ([almoffatt@edu.pe.ca](mailto:almoffatt@edu.pe.ca)) ~ English, Social Studies
- Rebecca Paynter** ([rjpaynter@edu.pe.ca](mailto:rjpaynter@edu.pe.ca)) ~ Math
- Norah Pendergast** ([nependergast@edu.pe.ca](mailto:nependergast@edu.pe.ca)) ~ Art, Core French, and English
- Trent Ranahan** ([tjranahan@edu.pe.ca](mailto:tjranahan@edu.pe.ca)) ~ Athletic Director, Physical Education, Health, and Site Technology Contact
- Jessica Reeves** ([jsreeves@edu.pe.ca](mailto:jsreeves@edu.pe.ca)) ~ Agriculture/Animal Science/Agriculture, Math, Culinary, Foods & Nutrition, and ADP in Agriculture & Bioscience
- Kevin Stewart** ([kpstewart@edu.pe.ca](mailto:kpstewart@edu.pe.ca)) ~ Social Studies, English, Civics, Canadian History, and Ancient History
- Tracy Thomson** ([tthomson@edu.pe.ca](mailto:tthomson@edu.pe.ca)) ~ Administrative Assistant
- Shelley Tremere** ([sdtremere@edu.pe.ca](mailto:sdtremere@edu.pe.ca)) ~ Library, P.E.I. History, Co-op Work Studies, and Distance Education
- Dylan Voth** ([dlyvoth@edu.pe.ca](mailto:dlyvoth@edu.pe.ca)) ~ Science, Biology, and Chemistry
- Kirk White** ([kdwhite@edu.pe.ca](mailto:kdwhite@edu.pe.ca)) ~ Music, History of Popular Music, and English
- Bus Drivers:**
- Ron Drummond** ~ Bus Driver
- Pat Flood** ~ Bus Driver
- Chris Leal** ~ Bus Driver
- Victor Martin** ~ Bus Driver
- Bethany Smith** ~ Bus Driver
- Pat McIver** ~ Bus Driver
- Food Service Team:**
- Michelle Gibson** ~ Kitchen Manager
- Michelle MacPhee** ~ Kitchen Assistant
- Emily Temple** ~ Kitchen Cook
- The following T.O.S.H. & Holland College staff also teach some of our students:
- Richard Beaulieu** ([rxbeaulieu@edu.pe.ca](mailto:rxbeaulieu@edu.pe.ca)) ~ Welding
- Rob Corkum** ([rtcorkum@edu.pe.ca](mailto:rtcorkum@edu.pe.ca)) ~ Carpentry
- Nathanial Croken** ([njcroken@hollandcollege.com](mailto:njcroken@hollandcollege.com)) ~ Transitions Coordinator
- Donnie Gallant** ([dbgallant@edu.pe.ca](mailto:dbgallant@edu.pe.ca)) ~ Automotive Technology
- Steve Tessier** ([sttessier@hollandcollege.com](mailto:sttessier@hollandcollege.com)) ~ Transitions

## WARM BLAZER WELCOME!!

A warm Blazer welcome to all K.R.H.S. students. We are also delighted to have a *U.P.E.I. student teacher* this year, *Georgia Fraser*.

### STUDENTS OF THE WEEK

Congratulations to our most recent *Students of the Week* (from last June) ~ **Evan Longuepee, Trey Hughes, Abigail Ross, and Averie Randall**. Special thanks to the *K.R.H.S. Student Council* for sponsoring this award.



### K.R.H.S. OPEN HOUSE

The *K.R.H.S. Open House* will be held on Tues., Sept. 9 @ 6 p.m. All parents/guardians are encouraged to attend. Great chance to meet the teachers, find out about courses & school goals, and tour the school.



### K.R.H.S. MUSIC TEACHER KIRK WHITE

'*INSIDE AMERICAN PIE*', featuring our very own Music Teacher *Kirk White*, will be premiering in the UK. Playing at *Curve Theatre in Leicester, England* from February 26 to March 14, 2026. So excited for you, KW!!



### K.R.H.S. CAFETERIA

The *School Food program at K.R.H.S.* offers nutritious lunch options all year long with a **3-week menu rotation**. Thank you to our amazing **Food Service Team**:

*Michelle Gibson* ~ Kitchen Manager  
*Michelle MacPhee* ~ Kitchen Assistant  
*Emily Temple* ~ Kitchen Cook

### K.R.H.S. STUDENT COUNCIL NEWS

*The Student Council Executive* for this year:

President ~ *Addison Baldwin*  
Vice-President ~ *Keira Duffy*  
Executive Members ~ *Liam Arsenault, Kimberly Destreza, and Evan Longuepee*  
Teacher Advisor ~ *Kevin Stewart*

Thanks to all of you for undertaking these leadership roles for the school.



### NATIONAL DAY

#### FOR TRUTH AND RECONCILIATION

Our school will honor the National Day for Truth and Reconciliation, formerly known as Orange Shirt Day – Every Child Matters, on September 29. Students and staff are *encouraged to wear orange on this day in school to show support for the healing journey of the survivors of the residential school experience*, and to show our support of the National Day for Truth and Reconciliation.



### ACADEMY DIPLOMA PROGRAM IN AGRICULTURE & BIOSCIENCE

Jessica Reeves is in charge of the *Academy Diploma Program in Agriculture & Bioscience* here at K.R.H.S.

Important Upcoming ADP Dates:

September 21 – *P.E.I. Open Farm Day* (all students are encouraged to participate with their family and friends.) Check out the website for more details: [www.peiagsc.ca/openfarmday](http://www.peiagsc.ca/openfarmday)

### BLAZER SPORTING NEWS

*Intermediate Girls Soccer*  
*Intermediate Boys Soccer*  
*Senior Women's Volleyball*  
*Cross Country Team*  
*Senior Women's Soccer*  
*Senior Men's Soccer*  
*Senior Men's Baseball*  
*Power Lifting*  
*Blazers Golf*

### BLAZER BEEF SUPPER

The *Annual Blazer Beef Take-out Supper*, a major K.R.H.S. fundraising event, will be held **at the school on Saturday, October 4 from 4-6 p.m.** Cost is **\$20** for adults & **\$10** for children 12 & under. **Take-out ONLY.**

This is a long-standing fundraiser for the school dating back to the 1970s. Meal consists of roast beef, potatoes, carrots, turnips, gravy, roll, and pie. **Tickets can be purchased at the door on Saturday.** This is a joint initiative involving parents, students, staff & the community. The supper is one of the major fundraisers carried out by K.R.H.S. and all funds generated from this activity will be used in support of our schools. Funds help purchase band equipment, sport jerseys and equipment, maintenance of outdoor classroom, and various other things.



### 2026 GRAD NEWS

- *Grad photos* will take place on **Fri., Nov. 7, 2025** at *Heckbert's Photography* in Summerside. A \$20 sitting fee is due that day. A sign-up sheet will be posted outside Room 205. If that date does not suit, just call 902-436-4241 and make another

appointment.

- Remember to check out the *K.R.H.S. Grads 2026 Google Classroom* and *K.R.H.S. school website* regularly for updates.

- Please submit your baby pictures for the yearbook to Mrs. McCarthy.

- The Grad Executive members are responsible for planning & organizing all grad activities throughout the year. Meetings most often take place at lunch once a month.



### SCHOOL CLOTHING/ BLAZER SPIRITWEAR

Anyone interested in ordering school clothing can do so at any time using the website: <http://kinkora.entripyshops.com/>

### ALUMNI UPDATE...

Where are those K.R.H.S. grads now?

~ **K.R.H.S. Grad of 2025 Feb Reyes** recently won the *\$2000 Rudder Reid Scholarship*. The Rudder Reid Charitable Foundation offers scholarships to support students in *Wellness, Business, and Trade Skills programs* in Canada, specifically in the Maritime Provinces, Alberta, and British Columbia. RRCF focuses its scholarships on *wellness enabling* (e.g. kinesiology, nursing, nutrition, pharmacy, elder care); *business* (e.g. accounting, commerce, economics, statistics, finance); and *trade skills training* (e.g. agriculture, construction, culinary arts, electrician, mechanic, welding, hair dressing). Feb is currently in her 1<sup>st</sup> year at *The Culinary Institute of Canada*.

~ **K.R.H.S. Grad of 2023 Mason Baldwin** graduated from the *Construction Electrical program* at *Holland College* on May 20.

~ **K.R.H.S. Grad of 2022 Lydia Hamill** is *Co-Captain* of the *U.P.E.I. Panthers Women's Soccer team*. Lydia spent part of her summer participating in *The Soccer Tournament (TST)*, a high stakes 7v7 *world championship* where she played against NCAA and professional players. Lydia was just named *UPEI Panthers Source for Sports Athlete of the Week* for Aug. 25 to 31 for being relentless in the midfield.

~ **K.R.H.S. Grad of 2022 Ty Arsenault** is *Assistant Coach* of the *StFX University X-Men Baseball Team*.

~ **K.R.H.S. Grad of 2017 Brittany Peters** recently graduated from the *University of Prince Edward Island* with a *Master of Business Administration* degree.

~ **K.R.H.S. Grad of 2015 Hailey Noonan** graduated from the *Carpentry program* at *Holland College* on May 20.

~ **K.R.H.S. Grad of 2008 Jillian (Campbell) O'Halloran** was *Executive Director of Central Coastal Drive PEI* but has recently joined the

*Confederation Centre of the Arts as Manager of Communications & Community Engagement.*



### ANNUAL K.R.H.S. TERRY FOX RUN

Our *45th Annual K.R.H.S. Terry Fox Run* will be held on Sept. 25 with all funds raised going to *cancer research*. We thank Kevin Stewart & the Student Council for their tremendous efforts in organizing this event. Home room teachers will hand out pledge sheets in the week prior to the event and students can return their pledge sheets and donations to their home room teacher. Any donations by cheque are to be made out to The Terry Fox Foundation. The student in the school who raises the most in pledge money will also receive a \$25 prize gift card.



### K.R.H.S. LIBRARY

*Game Board Club* is ongoing in the K.R.H.S. Library and we have a great collection of both board games & books. *Blazer Book Club* meets every Friday from 11:45- 12 noon in the K.R.H.S. Library. All are welcome!!

October is *Canadian Library Month!* The K.R.H.S. library is open *every day* before school, during class, at breaks, at noon, and after school. Special thanks to Teacher Librarian Shelley Tremere.



### REMEMBRANCE DAY CONTEST

The *Royal Canadian Legion Borden-Carleton Branch #10* is inviting students to enter the *Annual Remembrance Day Poster & Literary Contest*. Gr. 9 falls under the intermediate category while Gr. 10-12 is senior. Students may submit *poetry, essays, black & white posters and colour posters*.



### PAGE PROGRAM

The P.E.I. Legislative Assembly is once again looking for high school students to participate in the *2025/2026 Legislative Assembly Page Program*. This is an opportunity for a Grade 11 or 12 student from K.R.H.S. to work in the Assembly as a paid *Page*. If you are interested in how government

works and want to apply, please give your name to Mr. McAleer or Mrs. McCarthy.



### K.R.H.S. BREAKFAST & SNACK PROGRAM

*Lori Allen, our Youth Service Worker*, as well as several student volunteers are busy every morning supervising and preparing for our *breakfast/snack program which is offered free for all students daily* from 8:15-8:30 a.m. There are smoothies, yogurt, granola bars, cereal, milk, bagels, cream cheese, and fresh fruit available every morning.



### BLAZER BUDS BAKING CLUB

*Blazer Buds Baking Club* is held on Mondays after school from 3-4 p.m. in the *Foods Lab*. Everyone is welcome! See Lori Allen for more information.

### NUT BAN

Our school has a **TOTAL NUT BAN** due to students with severe allergic reactions to nuts.

### COMMUNITY SERVICE BURSARY PROGRAM

Did you know that you *can earn money towards a bursary at the end of Grade 12 by volunteering in your community?* Students can register with the program after their Grade 9 year and can *collect credit for up to 150 hours of volunteer work*. For more information please visit their website at <https://www.princeedwardisland.ca/en/information/education-and-lifelong-learning/community-service-bursary>

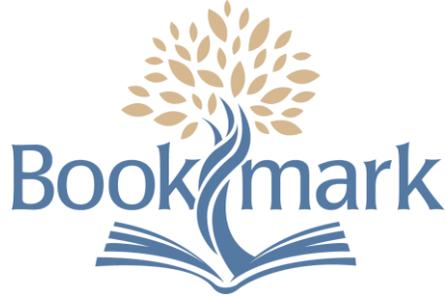
A reminder to all students that we are looking for student volunteers for the *Breakfast Program, as Intramurals Co-ordinator, and as Peer Tutors*. If you are interested, please see Mr. McAleer or Mr. Killeen in the office. Community Service Bursary hours are available for all of these positions.

# VOLUNTEER



### K.R.H.S. LIBRARY BIG WINNER IN HOME & SCHOOL DRAW

A huge thank you to *The Bookmark* bookstore in Charlottetown for donating *\$1200 worth of books to the K.R.H.S. Library*. It was a lot of fun picking out the new titles.



### STUDENT WELL-BEING

The *Student Wellbeing Team* hosts a *drop-in clinic at K.R.H.S.* every second Monday. *Emily, our mental health nurse, will be available from 11:30 a.m. until the end of the school day*. The clinic will offer a chance for students to connect with the team and receive *coaching, counselling, skill building, and mental health resource navigation*. What you can expect is a non-judgmental ear to sound your concerns off to. There is a sign-up sheet located in the office for anyone who would like to take advantage of this opportunity.

### CONGRATULATIONS...

...to *Gr. 10 student Shayla Johnston* who was selected to *represent her province on Team P.E.I. Women's Baseball Team* at the *Canada Summer Games* in *St. John's, Newfoundland & Labrador* from August 8-25, 2025.

...to *Gr. 12 student Kai Dias* who was selected to *represent his province on Team P.E.I. Men's Soccer Team* at the *Canada Summer Games* in *St. John's, Newfoundland & Labrador* from August 8-25, 2025.

...to *Gr. 12 student Chloe Moore* who was selected to *represent her province on Team P.E.I. Women's Softball Team* at the *Canada Summer Games* in *St. John's, Newfoundland & Labrador* from August 8-25, 2025.



### K.R.H.S. TECHSPORATIONS TEAM

The *2025 Gr. 9 Techsplorations Team* consists of:

- Sarah Cassell
- Hannah Eggert
- Mia Gamble
- Shayla Johnston
- Jada Murphy
- Delaney Raymer

The purpose of *Techsplorations* is to empower young women to *explore careers in science*,

engineering, trades, & technology. The 2025 Blazer Techsplorations Team went to Bridgewater, N.S. on May 22 & 23. Many thanks to Teacher Advisors Rebecca Paynter & Jessica McCarthy. There are currently 25 schools participating in Techsplorations from Nova Scotia and P.E.I.



#### P.E.I. HOME AND SCHOOL NEWS

🍏 Questions? Contact the Federation office at: 902-620-3186/1-800-916-0664/[peihsf@gov.pe.ca](mailto:peihsf@gov.pe.ca) Follow PEIHSF on Twitter @peihsf and Facebook at: PEI Home and School Federation



#### ISLAND SCHOOL BOARD ELECTIONS SET FOR OCTOBER 17

Residents will have the opportunity this fall to shape the future of the public education system by electing new or returning trustees to serve on the [Public Schools Branch](#) and [la Commission scolaire de langue française](#)'s respective boards. Both education authorities are governed by their own independent boards of trustees, who are responsible for providing oversight in the delivery of public education across Prince Edward Island. Administered by Elections PEI, key dates for the upcoming education authority board elections include:

- Nomination period: September 8 - 26 at 2 p.m.
- Voter registration to vote online: September 8 - October 17 at 11 a.m.
- Voter registration for mail-in ballot: September 8 - 28 at 11:59 p.m.
- Online voting portal opens: October 3, 2025 12 p.m. - October 17 at 12 p.m.
- Mail-in ballots returned to Elections PEI: October 17 at 12 p.m.

Visit [Elections PEI](#) for the latest updates on the upcoming education authorities' board elections.



*Life is not meant to be easy, my child;  
but take courage: it can be delightful.*  
~ George Bernard Shaw ~

*The fight is won or lost far away from witnesses -  
behind the lines, in the gym, and out there on the  
road, long before I dance under those lights.*  
~ Muhammad Ali ~

*Three rules of work:  
Out of clutter, find simplicity;  
from disorder, find harmony;  
in the midst of difficulty lies opportunity.*  
~ Albert Einstein ~

*The past can't see you, but the future is listening.*  
~ Destin Figuiere ~

*I am still learning.*  
~ Michelangelo ~

*Smooth seas do not make skillful sailors.*  
~ African proverb ~

*A day without laughter is a day wasted.*  
~ Charlie Chaplin ~

*To accomplish great things,  
we must not only act, but also dream;  
not only plan, but also believe.*  
~ Anatole France ~

*The wisest mind has something yet to learn.*  
~ George Santayana ~

*Time is the coin of your life.  
It is the only coin you have  
and only you can determine  
how it will be spent.*  
~ Carl Sandberg ~

*Twenty years from now you will be more  
disappointed by the things you didn't do than by  
the ones you did do. So throw off the bowlines.  
Sail away from the safe harbor. Catch the trade  
winds in your sails. Explore. Dream. Discover.*  
~ Mark Twain ~

